

# CRAIG WRIGHT, LCSW, C-DBT

## MENTAL HEALTH PROFESSIONAL

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### OBJECTIVE

As a dedicated Social Worker for the past decade, I have had the opportunity to grow, develop, and refine my professional identity through the multiple roles that I have held. With the continuous change in job responsibilities, my skillset make me a great candidate for any current and future opportunities.

### EXPERIENCE

**September 2024 - Current**  
Mental Health Professional

*The Practice: Therapeutic Counseling*

- Conduct individual and family sessions with clients and their family members.
- Develop treatment plans with clear and obtainable goals.
- Review client progress with individuals and their families.
- Keep up-to-date and accurate documentation.

**January 2022 – May 2023; March 2025 - Current**  
MSW Adjunct Professor

*Arkansas State University*

- Develop course syllabi, read assigned textbooks, and design lesson plans.
- Deliver weekly lectures, lead class discussions, and provide any additional materials.
- Create, administer, and grade exams, projects, and papers.

**August 2021 - Current**  
Recruitment Specialist

*Life Strategies Counseling, Inc.*

- Maintain a database of potential candidates for future job openings.
- Follow up with candidates throughout the hiring process.
- Send offer letters and new employee information to new hires.
- Conduct and host new hire orientation.

**January 2021 - Current**  
Intern Coordinator

*Life Strategies Counseling, Inc.*

- Responsible for creating and implementing a structured internship program.
- Coordinate with Universities to meet the needs and criteria of each program.
- Conduct interviews for potential interns and coordinator placement with appropriate supervisors.
- Review and evaluate progress and performance of interns.

**June 2016 - Current**  
Mental Health Professional

### EDUCATION

Degree Obtained: May 2013  
**Bachelor of Arts in Sociology,  
Humanities and Social  
Sciences**

Arkansas State University

Degree Obtained: May 2016  
**Master of Social Work with a  
Certificate in Addictions  
Studies**

Arkansas State University

### AWARDS

- 2024 MSW FIELD SUPERVISOR  
OF THE YEAR (ARKANSAS  
STATE UNIVERISTY)
- LSCI EMPLOYEE OF THE  
MONTH (TWICE)

### KEY SKILLS

- ACTIVE LISTENING
- PROBLEM-SOLVING
- CREATIVITY
- ADAPTABILITY
- ORGANIZATION
- INTERPERSONAL
- PATIENCE
- RELIABLE
- TEAMWORK

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### *Life Strategies Counseling, Inc.*

- Conduct individual, group, and family sessions with clients and family members.
- Develop treatment plans with clear and obtainable goals.
- Review client progress with individuals and their families.
- Keep up-to-date and accurate documentation.
- Provide weekly supervision to QBHP and MSW interns.

### **February 2013 – June 2016**

#### Mental Health Paraprofessional

### *Life Strategies Counseling, Inc.*

- Case Management – implement Mater Treatment Plans determined by Mental Health Professionals.
- Meet level of care and Medicaid requirements as evidenced by documentation of progress notes.
- Attend weekly supervision with Mental Health Professional supervisor.

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## **COMMUNICATION**

Mindfulness, Interpersonal Effectiveness, and Emotion Regulation are skills that I provide to my clients as a clinician and practice myself personally and professionally. These skills are reflected in my communication and relationships with clients and co-workers. When receiving feedback from providing trainings, supervision, orientation, interviews, or general staffing, I have been described as respectful, honest, professional, funny, welcoming, ethical, knowledgeable, hard-working, and relatable.

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## **LEADERSHIP**

Using the communication skills mentioned above, I have developed a supportive and effective leadership style which is reflected in my LCSW supervision sessions, new hire orientation, internship program, and while teaching classes at Astate. Many students, interns, and co-workers trust to confide in me, seek advice, and ask ethical or staffing questions.

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## **REFERENCES**

Courtney Newberry  
Former Co-worker  
870-219-9451

Erica Coffel  
Former Supervisor  
870-335-6760

Lindsey Suitt  
Former Executive Director  
870-243-4652

- ACCOUNTABILITY

- MOTIVATED

## **ADDITIONAL RESPONSIBILITIES**

- PROVIDE LCSW SUPERVISION TO LMSW CLINICIANS
- CONDUCT CONTINUING EDUCATION TRAININGS
- MEET WITH OPTUM'S LEARNING AND DEVELOPMENT TEAM (MONTHLY)
- SERVED ON REFRESH'S DEI COMMITTEE AS CHAIR OF THE TASK FORCE.