Sara Damron, DNP, APRN, AGACNP-BC

EDUCATION

University of Tennessee Health Science Center *August 2014 – May 2017*
Doctor of Nursing Practice

Small Test of Change: "Propofol versus dexmedetomidine for continuous sedation of adult mechanically ventilated patients."

Arkansas State University *August 2007 – May 2011*
Bachelor of Science in Nursing

LICENSURES

Certified Nurse Practitioner • License #A005287
Registered Nurse • License #R088705
Licensed Practical Nurse • License #L050274 (expired)

CERTIFICATIONS

Adult Gerontology Acute Care Nurse Practitioner (AGACNP-BC) — American Nurses Credentialing Center
BLS — Basic Life Support
ACLS — Advanced Cardiac Life Support

WORK EXPERIENCE

St. Bernard's Medical Center *August 2024 – Present*
APRN — Intensivist, Hospitalist, & Employee Health Clinic (PRN)

Arkansas State University *October 2023 – Present*
Assistant Professor of Nursing, AGACNP Program Coordinator

University of Arkansas Medical Sciences *January 2021 – July 2023*
APRN — Neurocritical Care Intensivist

CHI St. Vincent, Morrilton *September 2019 – Present*
APRN — Hospitalist (PRN)

St. Mary's Regional Medical Center *October 2017 – August 2024*
APRN — Hospitalist (Full-Time & PRN)
Full-Time: Oct 2017–Jan 2021, Aug 2023–Dec 2023 | PRN: Feb 2021–Jul 2023, Jan 2024–Aug 2024

Arkansas Heart Hospital *June 2017 – October 2017*
Registered Nurse — Post Anesthesia Care Unit
Short-term contract

NEA Baptist Memorial Hospital *April 2013 – June 2017*
Registered Nurse — Operating Room & Post Anesthesia Care Unit

Arkansas Methodist Medical Center *June 2011 – April 2013*
Registered Nurse — Critical Care Unit

MEMBERSHIPS, COMMITTEES & PROGRAMS

American Association of Critical Nurses (AACN)
- Member since 2026

American Nurses Credentialing Center (ANCC)

- AGACNP Certification Exam Item Writer, 2025 – Present

National Organization of Nurse Practitioner Faculties (NONPF)

- Member since 2025

Arkansas Nurse Practitioner Association (ANPA)

- Board of Directors, Treasurer, 2021–2024
- Board of Directors, Treasurer Elect, 2020–2021
- Education Committee, 2019 – Present
- Conference Committee, 2021–2024
- Newsletter Committee, 2021–2022
- Member since 2017

American Association of Nurse Practitioners (AANP)

- Member since 2020
- AANP Mentorship Program, Mentee of Dr. Leanne Fowler (LSU Health) 2026 - 2027

University of Arkansas Medical Sciences (UAMS)

- CAUTI Prevention Workgroup, 2022
- CLABSI Prevention Workgroup, 2022
- Interprofessional Mentoring Program, 2021–2022

St. Mary's Regional Medical Center

- Credentialing Committee, 2018–2020

LEGAL CONSULTATION

Nurse Expert Witness — Patrick Rogers at Rainey Kizer Reviere & Bell PLC

Defense in *Ricky and Cynthia Brooks v. West Tennessee Healthcare Dyersburg Hospital (Case #02060-70507).* Case settled out of court, August 2024.

AWARDS & RECOGNITIONS

- Great 100 Nurse of Arkansas, 2026
- Granted Full Practice Authority — Arkansas Department of Health, December 2022
- Nominated for UAMS Professional Nursing Organization's Excellence in Advanced Practice, 2022
- Arkansas Center for Nursing: 40 Outstanding Nurse Leaders Under 40, 2021

PODIUM PRESENTATIONS

"Alcohol and Substance Use Withdrawal in the Hospitalized Patient" — 2026 National Conference for Nurse Practitioners in Acute Care, Orlando, FL

"Inpatient Management of Alcohol Withdrawal" — 2024 Texas Nurse Practitioner Conference, Round Rock, TX

"Wait, Don't Faint! Let's Talk About Syncope" — 2024 Arkansas Nurse Practitioner Association Conference, Little Rock, AR

"Teenager Suffers Large Right MCA Stroke: A Case Report" — 2023 American Association of Nurse Practitioners National Conference, New Orleans, LA

"Management of Inpatient Alcohol Withdrawal as a Secondary Diagnosis" — 2023 Arkansas Nurse Practitioner Association Spring Conference, Hot Springs, AR

"Teenager Suffers Large Right MCA Stroke: A Case Report" — 2022 Arkansas Nurse Practitioner Association Spring Conference, Little Rock, AR

"What's That Smell? Updates on C. difficile and Its Treatment" — 2021 Arkansas Nurse Practitioner Association Fall Conference, Hot Springs, AR

“Outpatient & Inpatient Management of Pneumonia, UTI, and Cellulitis” — 2020 Arkansas Nurse Practitioner Association Virtual Conference

“TIA or CVA? Diagnostic Work-up and Management” — 2020 Arkansas Nurse Practitioner Association Virtual Conference

“Common Bacterial Infections Causing In-Hospital Admission and Appropriate Treatment” — 2019 Arkansas Nurse Practitioner Association Spring Conference, Little Rock, AR

“A 5-Step Approach to Improving Patient Satisfaction Scores” — 2019 Arkansas Nurse Practitioner Association Spring Conference, Little Rock, AR

ENDURING EDUCATION PRESENTATION

“The Opioid-Free Urgent Care Playbook” – October 2026 – October 2027 – Arkansas Nurse Practitioner Association, Approved by the American Association of Nurse Practitioners. Activity ID #260900110

POSTER PRESENTATION

“Teenager Suffers Large Right MCA Stroke: A Case Report” — 2024 Texas Nurse Practitioner Conference, Round Rock, TX

PUBLICATIONS

Damron, S. (2026, May). ***Choosing the Right Nurse Practitioner Certification: A Guide for Nurses*.** 14–18. https://epubs.thinknurse.com/publication/?i=864738&p=14&view=issueViewer

Case Study of Leukocytoclastic Vasculitis — ANPA Newsletter, Spring 2021, Issue 7

“Recommended Treatment of Coronavirus Disease 2019 in Hospitalized Patients” — ANPA Newsletter, Fall 2020, Issue 5

“Your Patient Survived COVID-19. Now What?” — ANPA Newsletter, Fall 2020, Issue 5